

Uterine and Endometrial Cancer Pathfinder

A Guide to Finding Library Resources and Support Services

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to <u>bccancer.bc.ca/library</u> to see the complete library catalogue. Most materials can be mailed anywhere in B.C. or the Yukon.

Books

Title Library Call Number

100 questions & answers about uterine cancer WP458 D622 2010

Cancer sourcebook for women WP145 C215s 2010

Fast facts: gynecologic cancer WP145 S525 2010

Patients' guide to uterine cancer WP458 D542 2010

Women's cancers WP145 W872 2011

Women's cancers: pathways to living WP145 S657 2016

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

100 questions & answers about uterine cancer tinyurl.com/y2otfxjb

Patients' guide to uterine cancer tinyurl.com/yxebaw8p

DVDs

Title Library Call Number

Gynecological cancer education forum 2013 WP145 B862 2013

11 January 1

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about uterine and endometrial cancer. For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library.

BC Cancer: bccancer.bc.ca/health-info/types-of-cancer/pelvic-area/uterus

American Cancer Society: www.cancer.org/cancer/endometrial-cancer.html

Canadian Cancer Society: cancer.ca/en/cancer-information/cancer-type/uterine/treatment/endometrialcarcinoma/?region=bc

Cancer.Net: cancer.net/cancer-types/uterine-cancer

National Cancer Institute: cancer.gov/types/uterine

Support Programs

This is a list of support programs offered by community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website: bccancer.bc.ca/supportprograms

BC Cancer Patient & Family Counselling: bccancer.bc.ca/our-services/services/supportive-care/patient-familycounselling

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

Cancer Chat Canada: cancerchat.desouzainstitute.com

An online support group for people with cancer. Call 1.844.725.2476 for information.

CancerConnection.ca (Canadian Cancer Society): cancerconnection.ca

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

11 January

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford	Kelowna	Prince George
604.851.4710 x 646825	250.712.3900 x 686821	1.888.675.8001 x 8001 (toll free)
1.877.547.3777 (toll free)	1.888.563.7773 (toll free)	
Surrey	Vancouver	Victoria
604.930.2098 x 654576	604.675.8001	250.519.5517
1.800.523.2885 (toll free)	1.888.675.8001 x 8001	1.800.670.3322 (toll free)

11 January