

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to bccancer.bc.ca/library to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
American Cancer Society complete guide to nutrition for cancer survivors	QZ266 A512g 2010
Cancer-fighting kitchen	QZ266 N9 K19 2017
Cancer wellness cookbook	QZ266 N9 M426c 2014
Cooking with foods that fight cancer	QZ266 N9 B431c 2007
Essential cancer treatment nutrition guide and cookbook	QZ266 N9 L214 2012
Foods to fight cancer	QZ266 B431f 2007
Healthy eating during chemotherapy	QZ266 N9 V217 2008
Tell me what to eat before, during and after cancer treatment	QZ266 N9 W424 2010
What to eat during cancer treatment	QZ266 N9 W555 2019

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

American Cancer Society complete guide to nutrition for cancer survivors

tinyurl.com/w9nd0kfu

Quick & healthy : 50 simple and delicious recipes for everyday

tinyurl.com/wwdjwmlu

What to eat during cancer treatment

tinyurl.com/yaswuyqy

Magazines

Nourish

nourishonline.ca

Pamphlets

Eating well when you have cancer (Canadian Cancer Society)

tinyurl.com/y649osxt

BC Cancer nutrition handouts

bccancer.bc.ca/nutrition

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about nutrition for people with cancer. For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library

BC Cancer: bccancer.bc.ca/nutrition

American Cancer Society: cancer.org/treatment/survivorship-during-and-after-treatment/staying-active/nutrition.html

American Institute for Cancer Research: aicr.org

Cook for Your Life: cookforyourlife.org

Teaches healthy cooking to people affected by cancer. Search for recipes based on your side effects, diet requirements and food preferences.

ELLICSR Kitchen: ellicsr.ca/en/clinics_programs/ellicsr_kitchen

Offers recipes and video cooking demos for people affected by cancer.

HealthLinkBC: healthlinkbc.ca/healthy-eating/your-condition/nutrition-people-cancer

Oncolink: oncolink.org/support/nutrition-and-cancer

Support Programs

If you are having difficulty eating and are losing weight, you can make appointment to speak with a BC Cancer Registered Dietitian: bccancer.bc.ca/nutrition

HealthLinkBC: healthlinkbc.ca or call 8-1-1

HealthLinkBC is a free nutrition information service by Registered Dietitians that can provide information on healthy eating. Ask to speak to the Oncology Dietitian.

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford

604.851.4710 x 646825
1.877.547.3777 (toll free)

Kelowna

250.712.3900 x 686821
1.888.563.7773 (toll free)

Prince George

1.888.675.8001 x 8001 (toll free)

Surrey

604.930.2098 x 654576
1.800.523.2885 (toll free)

Vancouver

604.675.8001
1.888.675.8001 x 8001

Victoria

250.519.5517
1.800.670.3322 (toll free)