

LGBTQIA2S+ Pathfinder

A Guide to Finding Library Resources and Support Services

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to <u>bccancer.bc.ca/library</u> to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
Advocate guide to gay men's health and wellness	WA306 S65 2008
Breaking boundaries : LGBTQ2 writers on coming out and into Canada	WA300 B828 2017
Coming out of cancer: writings from the lesbian cancer epidemic	QZ201 C733 2000
Feeling wrong in your own body : understanding what it means to be transgender	WA300 S443 2011
Surviving cancer as a family and helping co-survivors thrive	QZ200 S963 2010
What every gay man needs to know about prostate cancer	WJ752 W555 2013

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

Gender quest workbook : a guide for teens and young adults exploring gender identity

tinyurl.com/questworkbook

Remedy : queer and trans voices on health and health care

tinyurl.com/remedyqueertrans

Trans bodies, trans selves : a resource for the transgender community

tinyurl.com/transbodiesresource

tinyurl.com/twospiritautobiography

DVDs

Title	Library Call Number
Coming out again : lesbians speaking out about cancer	QZ201 C733r 2006
Dance with cancer : 5 gay men confront prostate cancer	WJ752 D173 2009

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information for LGBTQIA2S+ people with cancer. For a complete list of websites recommended by the BC Cancer librarians, go to <u>bccancer.bc.ca/library</u>

American Cancer Society Cancer Facts for Gay and Bisexual Men: <u>cancer.org/healthy/find-cancer-early/mens-health/cancer-facts-for-gay-and-bisexual-men.html</u>

American Cancer Society Cancer Facts for Lesbians and Bisexual Women: <u>cancer.org/healthy/find-cancer-early/womens-health/cancer-facts-for-lesbians-and-bisexual-women.html</u>

Cancer's Margins: <a>lgbtcancer.ca

Videos of people in the LGBTQIA2S+ community discussing their experiences with cancer and a list of LGBTQIA2S+ resources.

MedlinePlus: medlineplus.gov/lgbtqhealth.html

National LGBT Cancer Network: cancer-network.org

This US website provides information about cancer for gay and bisexual men, lesbian and bisexual women and transgender persons. It also provides an online support group and cultural competence training for healthcare professionals.

Proud, Prepared and Protected: virtualhospice.ca/2SLGBTQ

Online resources to assist people who identify as LGBTQIA2S+ to access and receive inclusive, respectful care. Includes information about advance care planning.

Queering Cancer: <u>queeringcancer.ca</u>

Provides links to online resources of interest to the LGBTQIA2S+ community, a community forum and stories from LGBTQIA2S+ people affected by cancer.

Trans Care BC: phsa.ca/transcarebc

Trans Care BC supports the delivery of equitable and accessible care, surgical planning, and peer and community support for trans people across BC.

Support Programs

This is a list of support programs offered at community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website: <u>bccancer.bc.ca/supportprograms</u>

BC Cancer Patient & Family Counselling: <u>bccancer.bc.ca/our-services/services/supportive-care/patient-family-</u> <u>counselling</u>

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

Cancer Chat Canada: cancerchat.desouzainstitute.com

An online support group for people with cancer. Call 1.844.725.2476 for information.

CancerConnection.ca (Canadian Cancer Society): cancerconnection.ca

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

Prism (Vancouver Coastal Health)

Prism refers individuals to LGBTQIA2S+ groups, counselling, resource information and services in the community. Call 604.331.8900 for information.

Trans Care BC: <u>phsa.ca/transcarebc/care-support/peer-community-support/srvc-directory</u> Directory of peer support groups and services across BC.

Wellspring Gay Men's Cancer Support Group: <u>wellspring.ca/online-programs/programs/all-programs/gay-</u> <u>mens-cancer-support-group/</u>

Virtual support group for gay men with cancer and their male partners. Meets once a month via Zoom.

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford	Kelowna	Prince George
604.851.4710 x 646825	250.712.3900 x 686821	1.888.675.8001 x 8001 (toll free)
1.877.547.3777 (toll free)	1.888.563.7773 (toll free)	
Surrey	Vancouver	Victoria
604.930.2098 x 654576	604.675.8001	250.519.5517
1.800.523.2885 (toll free)	1.888.675.8001 x 8001	1.800.670.3322 (toll free)