

# **Kidney Cancer Pathfinder**

A Guide to Finding Library Resources and Support Services

## **BC Cancer Library and Cancer Information Centre Resources**

Visit your local BC Cancer Library or go to <u>bccancer.bc.ca/library</u> to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

### **Books**

Title Library Call Number

100 questions & answers about kidney cancer WJ358 C191 2016

Living with kidney cancer WJ358 L786 2012

Patients' guide to kidney cancer WJ358 W156 2011

## **eBooks**

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

#### Patients' guide to kidney cancer

tinyurl.com/y3eb4gkw

## **Pamphlets**

Early stage kidney cancer (Canadian Cancer Society)

cancer.ca/~/media/cancer.ca/CW/publications/Early%20stage%20kidney%20cancer/Early-Stage-Kidney-Cancer-EN.pdf

**Kidney cancer: understanding your diagnosis** (Canadian Cancer Society)

cancer.ca/~/media/cancer.ca/CW/publications/Kidney%20cancer%20UYD/32052-1-NO.pdf

#### **Recommended Websites**

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about kidney cancer. For a complete list of websites recommended by the BC Cancer librarians, go

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to bccancer.bc.ca/library.

BC Cancer: bccancer.bc.ca/health-info/types-of-cancer/urinary/kidney

American Cancer Society: <a href="mailto:cancer.org/cancer/kidney-cancer.html">cancer.org/cancer/kidney-cancer.html</a>

Canadian Cancer Society: cancer.ca/en/cancer-information/cancer-type/kidney/kidney-cancer/?region=bc

**Cancer.Net:** cancer.net/cancer-types/kidney-cancer

**Kidney Cancer Association:** <u>kidneycancer.org</u>

Kidney Cancer Canada: kidneycancercanada.ca

National Cancer Institute: <a href="mailto:cancer.gov/types/kidney">cancer.gov/types/kidney</a>

## **Support Programs**

This is a list of support programs offered by community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website: bccancer.bc.ca/supportprograms

BC Cancer Patient & Family Counselling: <a href="https://documestrices/services/supportive-care/patient-family-counselling">bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling</a>

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

Cancer Chat Canada: cancerchat.desouzainstitute.com

An online support group for people with cancer. Call 1.844.725.2476 for information.

CancerConnection.ca (Canadian Cancer Society): <a href="mailto:cancerconnection.ca">cancerconnection.ca</a>

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

Kidney Foundation: kidney.ca/Support/Peer-Support

Peer support and online support groups.

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# **BC Cancer Libraries**

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford	Kelowna	Prince George
604.851.4710 x 646825	250.712.3900 x 686821	1.888.675.8001 x 8001 (toll free)
1.877.547.3777 (toll free)	1.888.563.7773 (toll free)	
Surrey	Vancouver	Victoria
604.930.2098 x 654576	604.675.8001	250.519.5517
1.800.523.2885 (toll free)	1.888.675.8001 x 8001	1.800.670.3322 (toll free)