

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to bccancer.bc.ca/library to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
American Indian healing arts : herbs, rituals and remedies for every season of life	WB 55 K21 1999
Braiding sweetgrass : indigenous wisdom, scientific knowledge, and the teachings of plants	WB55 K49 2013
Cree healer and his medicine bundle : healing plants, practices, and stories	WB55 Y68 2015
Knowledge seeker: embracing Indigenous spirituality	WB885 S881 2016
Modern native feasts	QZ266 N9 G347 2013
Recovering our ancestors' gardens : indigenous recipes and guide to diet and fitness	QZ266 N9 M636 2005
Spirit clans : native wisdom for personal power and guidance	WB885 C321 2018

Books for children

Title	Library Call Number
Dancing with the cranes	BF575 C5 A735 2013
Speaking our truth : a journey of reconciliation	E78 C2 S642 2017

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

BC elders guide

fnha.ca/WellnessSite/WellnessDocuments/BC_EldersGuide.pdf

Cancer and First nations people in B.C : a community resource

fnha.ca/WellnessSite/WellnessDocuments/Cancer-and-First-Nations-Peoples-in-BC.PDF

Improving indigenous journeys in BC : a road map

fnha.ca/WellnessSite/WellnessDocuments/improving-indigenous-cancer-journeys-in-bc.pdf

Living with cancer : everyone deserves support : First Nations (Library also has print copies)

fnha.ca/WellnessSite/WellnessDocuments/Living-With-Cancer.pdf

Living with cancer : everyone deserves support : Métis (Library also has print copies)

tinyurl.com/y8posua3

Silent enemy (comic book)

fnha.ca/WellnessSite/WellnessDocuments/Silent-Enemy-Comic.pdf

DVDs

Title	Library Call Number
Indigenous voices : stories of illness and grief	BF575 C212 2016
Truth of it : an unscripted video series about cancer : First Nations and Inuit stories	QZ201 T875c 2010 v.5

Online Videos

Completing the circle : healing words about end of life spoken to Aboriginal families

aboriginalendoflifecare.com/families.html

Early detection : the path to a good life

tbrhsc.net/GoodLife

Truth of it : an unscripted video series about cancer : First Nations and Inuit stories

partnershipagainstcancer.ca/topics/truth-of-it-video-series

Pamphlets

Aboriginal health : advance care planning (B.C. Ministry of Health)

health.gov.bc.ca/library/publications/year/2012/aboriginal-health-advance-care-planning-brochure.pdf

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about First Nations, Inuit and Métis health. For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library.

BC Cancer: bccancer.bc.ca/our-services/services/indigenous-cancer-control

Cancer Care Ontario Recommended Resources for First Nations, Inuit & Métis:

cancercareontario.ca/en/resources-first-nations-inuit-metis

First Nations Health Authority: fnha.ca

Healthlink BC: healthlinkbc.ca/health-topics/common-health-concerns/first-nations

Living My Culture: livingmyculture.ca

First Nations, Inuit, Métis and people of other cultures share their stories about living with serious illness, end of life and grief. Includes videos and print materials.

Métis BC Nation: mnbc.ca

Support Programs

This is a list of support programs offered at community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website:

bccancer.bc.ca/supportprograms

BC Cancer Patient & Family Counselling: bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

BC Cancer Indigenous Cancer Care Counsellor

The Prince George Centre has an Indigenous Cancer Care Counsellor who can discuss transportation options to and from appointments, review options for accommodation, explore financial resources, attend appointments at the centre with patient and family members, advocate in the health care setting, discuss spiritual and cultural care needs, provide counselling support, and assist with transitions in care and return to community. Call 250.645.7330 for more information.

Cancer Chat Canada: cancerchat.desouzainstitute.com

An online support group for people with cancer. Call 1.844.725.2476 for information.

CancerConnection.ca (Canadian Cancer Society): cancerconnection.ca

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

First Nations Health Authority: fnha.ca

B.C. Health Authorities Aboriginal Liaisons, Programs and Services

To assist Aboriginal patients, each BC health authority has Aboriginal patient liaisons, navigators or nurses and other programs and services available:

Fraser Health: fraserhealth.ca/health-topics-a-to-z#topictags=Aboriginal%20health&e=0

Interior Health: interiorhealth.ca/YourHealth/AboriginalHealth

Island Health: islandhealth.ca/our-services/aboriginal-health-services

Northern Health: indigenoushealthnh.ca

Provincial Health Services: phsa.ca/our-services/programs-services/indigenous-health

Vancouver Coastal Health: vch.ca/your-care/aboriginal-health

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford

604.851.4710 x 646825

1.877.547.3777 (toll free)

Kelowna

250.712.3900 x 686821

1.888.563.7773 (toll free)

Prince George

1.888.675.8001 x 8001 (toll free)

Surrey

604.930.2098 x 654576

1.800.523.2885 (toll free)

Vancouver

604.675.8001

1.888.675.8001 x 8001

Victoria

250.519.5517

1.800.670.3322 (toll free)