

Cervical Cancer Pathfinder

A Guide to Finding Library Resources and Support Services

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to <u>bccancer.bc.ca/library</u> to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title Library Call Number

Cervical cancer WP480 H669c 2010

Fast facts: gynecologic cancer WP145 S525 2010

Questions & answers about human papilloma virus

(HPV)

WP480 D622q 2011

Patients' guide to cervical cancer WP480 M131 2011

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

Patients' guide to cervical cancer

r2library.com/Resource/Title/0763774278

What every woman should know about cervical cancer

tinyurl.com/y3r2y3jy

Pamphlets

Cervical cancer: understanding your diagnosis (Canadian Cancer Society)

cancer.ca/~/media/cancer.ca/CW/publications/Cervical%20UYD/32065-1-NO.pdf

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about cervical cancer. For a complete list of websites recommended by the BC Cancer librarians, go

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to bccancer.bc.ca/library.

BC Cancer: bccancer.bc.ca/health-info/types-of-cancer/pelvic-area/cervix

American Cancer Society: cancer.org/cancer/cervical-cancer.html

Canadian Cancer Society: cancer.ca/en/cancer-information/cancer-type/cervical/cervical-cancer/?region=bc

Cancer.Net: <u>cancer.net/cancer-types/cervical-cancer</u>

MedlinePlus: medlineplus.gov/cervicalcancer.html

National Cancer Institute: cancer.gov/types/cervical

National Cervical Cancer Coalition: nccc-online.org

Information about cervical cancer, screening, prevention, HPV and relationships, and myths and facts. There are also videos, survivor stories, educational materials, and information about coping for patients and for caregivers.

Support Programs

This is a list of support programs offered by community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website: bccancer.bc.ca/supportprograms

BC Cancer Patient & Family Counselling: <u>bccancer.bc.ca/our-services/services/supportive-care/patient-family-</u>counselling

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

Cancer Chat Canada: cancerchat.desouzainstitute.com

Professionally-led online support groups for Canadians affected by cancer.

CancerConnection.ca (Canadian Cancer Society): cancerconnection.ca

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

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BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford	Kelowna	Prince George
604.851.4710 x 646825	250.712.3900 x 686821	1.888.675.8001 x 8001 (toll free)
1.877.547.3777 (toll free)	1.888.563.7773 (toll free)	
Surrey	Vancouver	Victoria
604.930.2098 x 654576	604.675.8001	250.519.5517
1.800.523.2885 (toll free)	1.888.675.8001 x 8001	1.800.670.3322 (toll free)