Breast Cancer: Chemotherapy Drugs and Pregnancy

Drugs	Use in pregnancy	Comments
Chemotherapy		
Capecitabine	2	It has not been studied in humans although there is considerable experience with the use of fluorouracil, an analog. Animal studies have shown teratogenicity and fetal loss. ¹⁰
Carboplatin	2	It has not been studied in humans during 1 st trimester. Animal studies have demonstrated teratogenicity. ²¹ Several case reports supporting the use after the period of organogenesis (2 nd and 3 rd trimester). ²²
Cyclophosphamide	1	There is considerable clinical experience (usually with fluorouracil and doxorubicin) during 2 nd and 3 rd trimesters. ¹⁻⁴ No significant complications were reported for the fetus and infant in women treated with the MD Anderson protocol (cyclophosphamide, fluorouracil and doxorubicin every 21 days) ²
Docetaxel	2	Several case reports suggest short-term clinical safety ^{5,6,17} but international guidelines suggest avoiding taxanes during pregnancy ⁹ . There are also no data on the safety of dose-dense anthracycline-containing regimens with or without taxanes, during pregnancy.
Doxorubicin	1	There is considerable clinical experience (usually with fluorouracil and cyclophosphamide) during 2 nd and 3 rd trimesters. ^{1-4,16} No significant complications were reported for the fetus and infant in women treated with the MD Anderson protocol (cyclophosphamide, fluorouracil and doxorubicin every 21 days). ²
Epirubicin	2	Doxorubicin is preferred if equally effective for a particular indication. Clinical case reports have shown 23% of cases exposed to epirubicin died either as fetuses or as neonates. ³ Animal studies have shown teratogenicity and embryotoxicity.
Fluorouracil	1	There is considerable clinical experience (usually with doxorubicin and cyclophosphamide) during 2 nd and 3 rd trimesters. ¹⁻⁴ No significant complications were reported for the fetus and infant in women treated with the MD Anderson protocol (cyclophosphamide, fluorouracil and doxorubicin every 21 days). ²

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Drugs	Use in pregnancy	Comments
Gemcitabine	2	Animal studies have shown embryotoxicity and fetal malformations. 10
Methotrexate	3	It is abortifacient and associated with severe fetal malformations such as the "aminopterin syndrome" and cranial dysostosis. 13,14
Paclitaxel	2	Several case reports suggest short-term clinical safety ^{3,15,18,19} but international guidelines suggest avoiding taxanes during pregnancy ⁹ . There are also no data on the safety of dosedense anthracycline-containing regimens with or without taxanes, during pregnancy.
Vinorelbine	2	Several case reports suggest short-term clinical safety. ^{6,7} Vinca alkaloids are highly protein bound and considered less potent teratogens than antimetabolites. ³
Hormonal agents		
Anastrozole	3	Animal studies have shown fetotoxicity ¹⁰
Exemestane	3	Animal studies have shown embryotoxicity and fetotoxicity ¹⁰
Letrozole	3	Animal studies have shown embryotoxicity and fetotoxicity ¹⁰
Tamoxifen	3	Clinical studies have shown birth defects (e.g. Goldenhar syndrome, ambiguous genitalia) 11,12
Others		
Pamidronate	3	Animal studies have shown fetal risks.
Trastuzumab	2	Several clinical reports have shown inconsistent short-term clinical safety. Animal studies have not shown fetal risks.

^{1 =} has been safely used during pregnancy

^{2 =} may be (insufficient data)

^{3 =} not indicated during pregnancy

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