

MONDAY		THURSDAY		FRIDAY	
02	03 Relaxation & Music Therapy Group 2:30pm-4:00pm Register at 1-800-663-3333 ext.672194	04 Brain Tumour Support Group 9:30am-11:00am Register at 604-877-6000 ext. 672194	05 Relaxation & Music Therapy Group 10:30am-12:00pm Register at 1-800-663-3333 ext.672194 Head and Neck Support Group 10:15am – 11:45am Register at 250-519-5525 or 1-800-670-3322 ext 695525	06	
09	10 Relaxation & Music Therapy Group 2:30pm-4:00pm Register at 1-800-663-3333 ext.672194 Summer Sketching 1:00 pm-2:30pm Register at shankinson@bccancer.bc.ca	11 For the Love of Flowers 11:00am - 12:30pm Register at shankinson@bccancer.bc.ca	12 Relaxation & Music Therapy Group 10:30am-12:00pm Register at 1-800-663-3333 ext.672194	13 Living with Metastatic Cancer 10:00am – 11:30am Register at 1-604-930-4000	
16	17 Relaxation & Music Therapy Group 2:30pm-4:00pm Register at 1-800-663-3333 ext.672194	18 For the Love of Flowers 11:00am - 12:30pm Register at shankinson@bccancer.bc.ca	19 Relaxation & Music Therapy Group 10:30am-12:00pm Register at 1-800-663-3333 ext 672194	20	
23	24 Relaxation & Music Therapy Group 2:30pm-4:00pm Register at 1-800-663-3333 ext.672194 Summer Sketching 1:00 pm-2:30pm Register at shankinson@bccancer.bc.ca	25 For the Love of Flowers 11:00am - 12:30pm Register at shankinson@bccancer.bc.ca	26 Relaxation & Music Therapy Group 10:30am-12:00pm Register at 1-800-663-3333 ext.672194	27 Living with Metastatic Cancer 10:00am – 11:30am Register at 1-604-930-4000	
30	31 Relaxation & Music Therapy Group 2:30pm-4:00pm Register at 1-800-663-3333 ext.672194				
BC Cancer Website – Coping with Cancer Practical and Emotional Support www.bccancer.bc.ca/health-info/coping-with-cancer		Cancer Chat Canada Online support groups 1-877-547-3777 ext.645234 www.cancerchatcanada.ca		Canadian Cancer Society, BC/Yukon Information & community support 1-888-939-3333 www.cancer.ca/en?region=bc	
		Look Good Feel Better 1-800-914-5665 www.lgfb.ca		Prostate Cancer Supportive Care Program https://pcscprogram.ca	
				Inspire Health 1-888-734-7125 https://www.inspirehealth.ca/programs/class-schedules/online-classes-temporary-schedule	